



What should I do if I've been in close contact with someone?

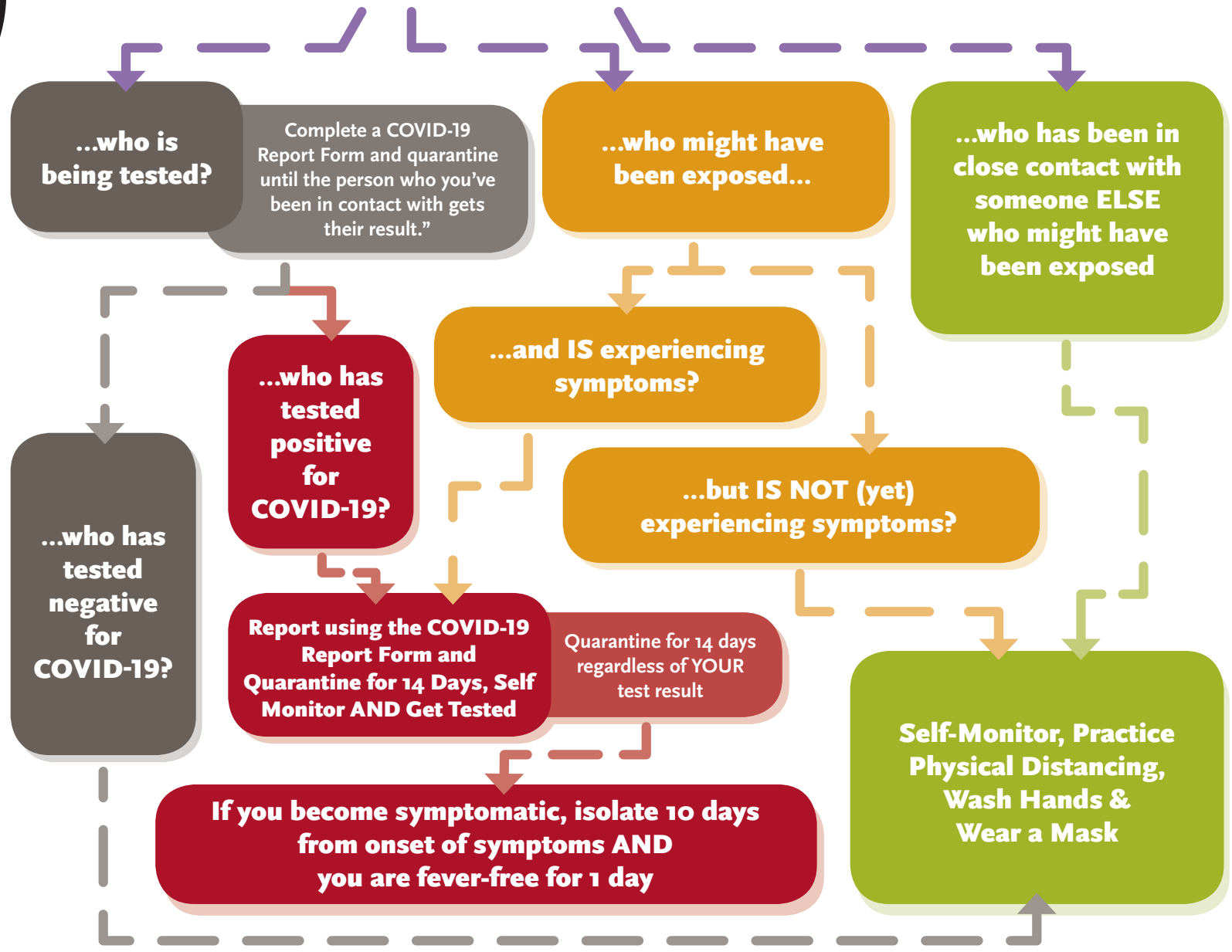
Close contact is being within 6 feet of a positive case for 15 or more continuous minutes.

COVID-19 SYMPTOMS INCLUDE: fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

Information sourced from the Centers for Disease Control and Prevention and the Minnesota Department of Health



mnstate.edu/dragons-care



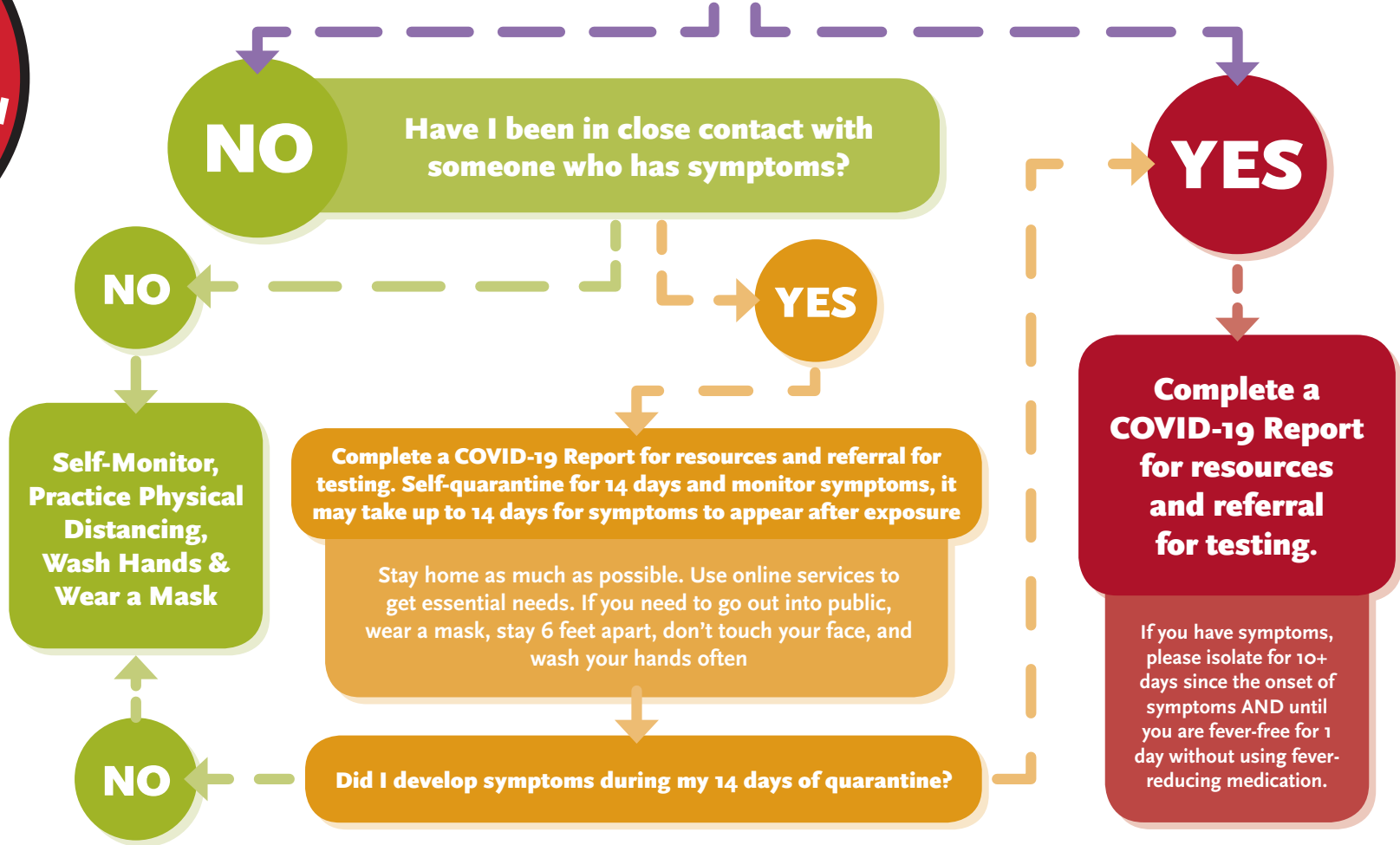
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Am I experiencing symptoms of COVID-19?

COVID-19 SYMPTOMS INCLUDE: fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

Information sourced from the Centers for Disease Control and Prevention and the Minnesota Department of Health



<i>Quarantine</i>	VS.	<i>Isolation</i>
separates and restricts the movement of people who were exposed to contagious disease to see if they become sick		separates sick people with a contagious disease from people who are not sick
WHILE IN ISOLATION...		
<ul style="list-style-type: none"> - Stay home and do not go out into public - Stay away from people in your home as much as possible 		<ul style="list-style-type: none"> - Wear a facemask during every interaction with your care taker - Avoid sharing personal household items such as bedding, towels, and dishes